

100+ INDOOR ACTIVITIES

CRAFTS

MAKE PAPER AIRPLANES
SALT PAINTING
MAKE SUNCATCHERS
MAKE SALT DOUGH
MAKE SPONGE STAMPS
MAKE A CEREAL BOX AQUARIUM
MAKE SCRATCH ART
MAKE YOUR OWN BOOKMARKS
PAINT PET ROCKS
MAKE RECYCLED CRAYONS
MAKE PAPER BOATS
FINGER PAINT
MAKE FRIENDSHIP BRACELETS
MAKE A BIRD FEEDER
MAKE PAPER BAG PUPPETS
MAKE HANDPRINT ART
MAKE A SCRAPBOOK
DECORATE T-SHIRTS
MAKE A THANKFUL JAR
PAINT LEAVES
MAKE A TIME CAPSULE
MAKE BUTTON ART
PAINT WITH WATERCOLORS
COLOR IN A COLORING BOOK
MAKE PAPER CRAFTS
BUILD A CARDBOARD CASTLE
MAKE TISSUE BOX MONSTERS
MAKE A TOILET PAPER ROLL
BUTTERFLY
STAMP WITH CELERY
MAKE CHALK ICE
MAKE PUFFY SIDEWALK PAINT
DRAW A SELF PORTRAIT
USE RUBBER STAMPS
DO SCRAPE PAINTING
PAINT A RECYCLED JAR
MAKE SUPERHERO COSTUMES

ACTIVITIES

MAKE PLAYDOUGH
MAKE SLIME
MAKE PLAY MUD
MAKE RAINBOW RICE
MAKE FAKE SNOW
MAKE A SENSORY BIN
MAKE A SENSORY BAG
BUILD A FORT
HAVE A PILLOW FIGHT
WRITE A STORY
MAKE ICE CREAM IN A BAG
MAKE GUMMY BEARS
MAKE FRUIT ROLL-UPS
HAVE A MOVIE DAY
PUT ON A FASHION SHOW
BAKE CUPCAKES OR MUFFINS
DO YOGA
BUILD AN OBSTACLE COURSE
MAKE DINNER TOGETHER
PLAY WITH MAGNETIC TILES
BUILD SOMETHING WITH LEGO
USE DOT MARKERS
BUILD A STACK OF CARDS
PUT ON A PUPPET SHOW
MAKE A TREASURE HUNT
INDOOR BOWLING
LEARN TO DRAW
PUT ON A PLAY
MAKE INDOOR HOPSCOTCH
DO A FAMILY CHORE TOGETHER
HAVE A DANCE PARTY
HAVE A TEA PARTY
PLAY WITH WATER IN A BIN
SET UP A PLAY STORE
MAKE A SOCK TOSS GAME
MAKE PERLER BEAD ART
WRITE IN A JOURNAL

GAMES

PLAY WOULD YOU RATHER
PLAY I SPY
PLAY SIMON SAYS
PLAY BOARD GAMES
PLAY HIDE AND SEEK
INDOOR SCAVENGER HUNT
PLAY BINGO
PLAY CARD GAMES
DO A PUZZLE
PLAY CHARADES
BUILD YOUR OWN GAME
PLAY FREEZE DANCE
PLAY HOT POTATO
PLAY MARBLES
KEEP THE BALLOON UP
PLAY DOMINOES
PLAY HANGMAN
PLAY TIC-TAC-TOE

EDUCATIONAL

READ BOOKS
DO A SCIENCE PROJECT
LEARN ORIGAMI
LEARN ABOUT A NEW ANIMAL
LEARN A NEW CARD GAME
LEARN TO SEW
LEARN TO KNIT
DO BRAIN TEASERS
LEARN A NEW LANGUAGE
LEARN ABOUT A COUNTRY



OUTDOOR ACTIVITIES

For Kids

1. Hopscotch
2. Two or Four Square
3. Draw Your Own City
4. Catch
5. Baseball
6. Kickball
7. Soccer
8. Basketball
9. H.O.R.S.E.
10. Badminton
11. Birdie Bouncing Contest
12. Jarts
13. Kubb
14. Bocce
15. Horseshoes
16. Kan-Jam
17. Frisbee Golf
18. Washers
19. Ring Toss
20. Nerf War
21. Nerf Target Practice
22. Tag
23. Freeze Tag
24. Tunnel Tag
25. Hide and Seek
26. Sardines
27. Simon Says
28. Red Light Green Light
29. Cloud Watching
30. Collect Bugs, Rocks or Flowers
31. Scavenger Hunt
32. Picnic
33. Obstacle Course
34. Bike Ride
35. Blow Bubbles
36. Make a Movie
37. Backyard Bowling
38. Frisbee
39. Water Gun Fight
40. Water Balloons



Nature Scavenger Hunt

for winter

BY BACKYARD BRILLIANT



LOOK

- a tree that has lost all of its leaves
- an evergreen tree
- thorns
- berries
- a pinecone
- animal tracks in the mud or snow
- an insect
- what else do you see?

LISTEN

- the wind
- a bird
- what else do you hear?


FEEL

- something smooth
- something rough
- something wet
- what else do you feel?



30 Day LEGO Challenge

Follow the instructions for each day. The only rule is to have fun and use your imagination!

| | | | | | | |
|--|--|---|---|--|---|--|
| | | Day 1 | Day 2 | Day 3 | Day 4 | |
| | | You were hired by an amusement park to create a new roller coaster. | NASA needs you to build a new rocket. | Your parents want to build a new home and they want you to build it. | Hollywood hires you to build a movie set for a new Star Wars movie. | |
| Day 5 | Day 6 | Day 7 | Day 8 | Day 9 | Day 10 | Day 11 |
| You enter a contest to build the world's tallest tower. Will you win? | You are stuck on Mars and need to build a new ship to get home. | Ford hires you to create the toughest pick up truck in the world. | You and 4 friends are stranded on an island. Build a boat to find a way home. | Captain Hook needs a new pirate ship and wants you to build it. | You and your friends decide to build a tree house. | Prince Charming hires you to build a castle for him & Cinderella. |
| Day 12 | Day 13 | Day 14 | Day 15 | Day 16 | Day 17 | Day 18 |
| Dr. Who hires you to build a new TARDIS. | You are asked by the President to build a new monument to George Washington. | Mr. Hilton hires you to build a new hotel. | There is a circus in town. Build a place for the performance. | Help your fellow pioneers build a wagon to make it across the country. | Build the fastest car around and join the big car race. | Do you wanna build a snowman? Get in the winter mood and build a snow scene. |
| Day 19 | Day 20 | Day 21 | Day 22 | Day 23 | Day 24 | Day 25 |
| The city wants you to build a bridge to connect one side of the town to the other. | Pizza party! It is up to you to make a pizza for all the guests. | You are hired to build a brand new hospital. | The fence is broke and the dog keeps escaping. Build one he can't get out of. | You are now in medieval times. You are commissioned to build a jousting arena. | The local bank keeps getting robbed. Build a safe no one can crack. | Design and build your dream bedroom. |
| Day 26 | Day 27 | Day 28 | Day 29 | Day 30 | | |
| You are elected ruler. Build a flag for your land. | Aliens are invading and you need to build a war robot to defeat them. | The aliens have taken over. They are impressed by your robot. They want you build one for them. | You are hired to build a house entirely out of yellow Legos. | There is blizzard. You will need to build a snowmobile |  | |
| | | | | | <p>What was your favorite day?</p> | |

Family Easter Ideas

Carrot Feet



Dip your feet into orange paint and step on a piece of paper OR

Trace your feet. Cut and colour orange.

Take something green and cut into long thin piece.

Glue to back of feet.

Now you have carrot feet.

Door Wreath



Take some branches and twist to make something round like a wreath or

Take a box and cut a round piece or

Take some cardboard/Bristol board and cut a round piece

Draw some eggs on paper and colour them or

Cut some eggs from magazines or other paper

Glue on to wreath

Hang on your door

Recipes to Make at Home!

Vanilla Sugar Cookies

Perfectly shaped vanilla sugar cookies, decorated with colorful sprinkles. These are easy to make and they look super festive for Christmas and other holidays without much effort.

Course Dessert

Cuisine American

Prep Time 25 minutes

Cook Time 15 minutes

Total Time 40 minutes

Servings 40 cookies

Calories 96 kcal

Ingredients

- 3 cups all-purpose flour , sifted or aerated – see my notes below
- 1/4 teaspoon salt
- 8 oz unsalted butter (226 grams), room temperature (let the butter from refrigerator sit on the counter for about an hour or so), not melted but softened
- 1 cup sugar
- 1 egg
- 2 teaspoons vanilla extract pure

Instructions

1. In a medium bowl, combine together flour and salt and mix.
2. In a separate bowl, using electric mixer, beat softened butter and granulated sugar until light in color and fluffy. Add an egg and vanilla – continue beating for a couple minutes. Turn off the electric mixer, add flour-salt mixture and then continue beating on low speed until well-combined but without over mixing.
3. Roll dough into 1-inch balls. Roll these cookie balls in sprinkles. Arrange on parchment-lined baking sheets, spacing 2 inches apart. Freeze until firm, for about 30 minutes.
4. Bake at 350 degrees F in the preheated oven for 14 minutes. Do not over-bake. Remove from the oven, and transfer to wire rack to cool completely.

Recipe Notes

Recipe is adapted from [Martha Stewart](#)

Important note about properly measuring flour using measuring cups:

The proper way to measure flour using measuring cups is to aerate it first. This is done either by sifting flour, or aerating it by fluffing it up and whisking it well, then spooning it into the measuring cup, then carefully removing any excess flour with a knife. If you just stick that measuring cup in the bag of flour and scoop some out, you will get a lot more flour than what the recipe calls for. Do aerate

No-Bake Honey Nut Cheerios Snack Bars

YIELD: ONE 8-BY-8-INCH PAN, 12 SNACK BARS
TOTAL TIME: 2+ HOURS, FOR CHILLING
PREP TIME: 10 MINUTES
COOK TIME: 3 MINUTES, MICROWAVE

These fast, easy, bars cost just a fraction of storebought bars to make, they're healthier, and they've got fun, bright colors. They're a texture lover's dream between the cereal, dried fruit, and chocolate covered sunflower seeds. Use what you have on hand and enjoy. Almost any dried fruit, nut, or seed can be substituted. The bars are perfect for quickie breakfast or snacks on the go.

4

4 / 5 (1 Reviews)

Did you make this recipe? [Leave a review »](#)

INGREDIENTS:

1/4 cup creamy unsalted butter (half of one stick)
1/4 cup honey (light-colored corn syrup may be substituted and will keep the bars firmer at room temp than using honey)
1/4 cup light brown sugar, packed
1 tablespoon vanilla extract
3 cups [Honey Nut Cheerios](#) (or similar storebrand cereal; plain Cheerios may be substituted for a less sweet bar)
1 cup raisins, optional (1 cup honey-roasted peanuts, 1 cup chopped almonds, or 1 cup trail mix may be substituted)
about 1/2 cup chocolate-covered sunflower seeds, optional (I used Trader Joe's)
pinch sea salt or Kosher salt for sprinkling, optional

DIRECTIONS:

1. Line an 8-inch square pan with aluminum foil leaving overhang, spray with cooking spray; set aside.
2. In a large microwave-safe bowl, combine butter, honey, brown sugar, and heat on high power for 1 minute to melt.
3. Stop to stir. Mixture will be on the granular side, this is okay.
4. Return bowl to microwave and heat for 1 more minute on high power. Stop to stir
5. Return bowl to microwave and heat for 1 more minute on high power. Stop to stir. On this third and final burst, mixture will become quite bubbly and foamy; use caution when removing from micro because this is boiling hot caramel and can cause burns.
6. Stir in the vanilla using caution because mixture could bubble up.
7. Stir in the cereal.

8. Stir in the optional raisins (or nuts).
9. Turn mixture out into prepared pan, packing it down firmly with a spatula and smoothing the top.
10. Optionally, sprinkle evenly with sunflower seeds and salt (the salt cuts some of the sweetness and I recommend it).
11. Cover pan with a sheet of foil (to prevent fridge smells), and place pan in fridge to set up for at least 2 to 3 hours, or overnight, or until bars are completely set before lifting out with foil overhang, slicing, and serving.
12. Bars will keep airtight in the refrigerator for up to 2 weeks, or in the freezer for up to 6 months. I recommend storing them in the fridge rather than room temp because they soften and get loose.

Now you try...

Write out a recipe for a family favourite! Maybe bannock, maybe spaghetti, the sky is the limit!

Easy Bread Recipe

This Easy Bread Recipe is perfect to make with kids. With just a hint of honey, it is sure to become a favorite!

Course Side Dish

Cuisine American

Prep Time 20 minutes

Dough Doubling time 1 hour 30 minutes

Servings 8

Calories 254 kcal

Ingredients

- 1 package active dry yeast
- 1 1/4 cup milk, warm 110 to 115 degrees
- 1/4 cup honey
- 1/8 cup melted butter
- 1 teaspoon salt
- 3 cups all purpose flour

Instructions

1. Preheat oven to 375 degrees.
2. Dissolve one package of yeast into a bowl of the warmed milk. Next add the honey, melted butter, and salt. Mix to combine.
3. Add 3 cups of flour and mix with hands until a soft dough forms. Use additional flour for dusting.
4. Place the dough on a floured surface and begin kneading for about 10 minutes.
5. When you are done kneading, place the dough in a greased bowl and cover it. Place the bowl in a warm place so it can rise and double. This will take about an hour.
6. Next, punch down the dough and place it in a greased loaf pan. Cover the dough and place in a warm place for another 30 minutes until it rises and doubles.
7. Bake for 30-35 minutes at 375 degrees. You may need to cover the top with foil if it gets too brown. Remove from pan when done and allow to cool.

Peanut Butter Banana Quesadillas

A single serving dessert at it's best! Whips up in minutes and has an ooey-gooey sweet center with a crispy exterior.

Prep Time 5 mins

Cook Time 5 mins

Total Time 10 mins

Total Cost: \$0.86 recipe / \$0.86 serving

Servings: 1

Author: Beth M

Ingredients

- 1 8-inch whole wheat tortilla
- 2 Tbsp natural peanut butter
- 1/2 medium banana
- 1 Tbsp semi-sweet chocolate chips

Instructions

1. Spread the peanut butter over the surface of the tortilla.
2. Slice the banana very thinly and then arrange the slices over half of the tortilla. Sprinkle the chocolate chips over the banana slices and then fold the tortilla in half.
3. Cook the quesadilla in a skillet over medium-low heat until golden brown and crispy on both sides.



The **BEST** Playdough



1 cup flour
2 tsp cream of tartar
1/2 cup salt
1 tbsp cooking oil
1 cup water
food coloring

Mix food coloring with your water first. Then add the vegetable oil and water with food coloring to a large pot. Add the dry ingredients to your pot and mix well. Cook over low to medium heat until the dough starts to form and becomes dry. Once it starts to form a ball take off the heat. Once cool, knead for 5 minutes.